



Strengthening Families Project 'calendar 09'

Manning Valley Neighbourhood Services Inc has a project funded by the Department of Family & Community Services & Indigenous Affairs (FACCSIA) to facilitate **FREE** workshops and courses to help parents with children 0 - 8 years develop better relationships between themselves and with their children and to enhance their parenting skills.

All workshops and courses will be facilitated by experienced professionals from Interrelate Family Centres.

“Self Esteem and Communication”

Wednesdays 29th April – 3rd June from 10 – 1
(6 weeks)

“Rebuilding After Separation”

Fridays 1st May – 19th June from 10 – 1
(8 weeks)

Sessions will be held at The 'Family Relationship Centre' 146 Victoria St TAREE
Light refreshments will be provided

“Self Esteem and Communication”

Mondays 2nd March – 6th April from 10 – 1
(6 weeks)

Sessions will be held at 'The Old Courthouse Community Centre' 4 Farquhar St, WINGHAM
Light refreshments will be provided

ALL BOOKINGS TO BE MADE by phoning **6553 5121**, OR BY EMAIL
mvns@mvns.org.au Mon, Tuesdays, Weds, Thurs 9am – 3pm